



## Free Senior Group: “Emotional Wellness: Let the Summer Bring Sunshine into your Lives”

Senior Reach counselor Masha Zarlengo, Licensed Psychologist, will be here to offer support group on the issues of emotional wellbeing. Participants are invited to share their positive experiences and discuss concerns.

Date/Time: Monday, June 27th, 2016  
from **1 p.m. to 2 p.m. (after lunch)**

Location: Gilpin County Public Health, 101 Norton Dr.  
Blackhawk (same road as the Rec Center, modular on right)

Please call Masha Zarlengo at 303-432-5752 with any questions. NO RSVP is required.



*Reaching Out ♦ Meeting Needs*